

THE ROCK 5K Run and Trail Day

Saturday, April 25, 2015- McKnight Pavilion Camp Lutherock

COMMUNITY SERVICE- GENERAL PUBLIC INVITED



Come and explore Lutherock on this nice spring day! The challenging 5K trail race will start at 8:30 am, at the McKnight Pavilion. The cost is \$20, and packet pick-up is on Friday, April 24 from 6-9 pm or on Race Day from 7-8 am. Enjoy the spectacular views of The Saddle and the forests near the program areas! At 11 am, immediately following the race and awards, the Trail Day service opportunity will begin from the Founders Lodge. Trail crews will explore the remote reaches of the camp, gain tools experience, and help ready the camp for the summer. Come out and enjoy the beautiful spring weather and nature that God has provided!



DIRECTIONS: 84 CAMP LUTHER ROAD- NEWLAND, NC- McKnight Pavillion & Founders Lodge.

GUEST MAP AVAILABLE at <https://www.dropbox.com/s/8ue4o8jaq54gs77/Lutherock%20Camp%20Map.docx?dl=0>

OVERNIGHT ACCOMODATIONS AVAILABLE ONSITE: Angie Yates- ayates@novusway.org

SIGN UP OR ASK QUESTIONS HERE: <https://runsignup.com/Race/NC/Newland/TheRock5kTrailrun>

FACEBOOK PAGE AND ACCOUNCEMENTS: <https://www.facebook.com/lutherock>